

FOR IMMEDIATE RELEASE:

The Healthy Millionaire™ “The Secret to Manifesting Health and Wealth”

Written by: Dr. Janine Bowring, ND

(Toronto, ON)... With today's volatile financial market, there has never been more of a need to restore our hope and faith in a prosperous and healthy life ahead. Bringing over 10 years of experience as a naturopathic doctor and expert in detoxification of the body, mind and spirit, Dr. Janine Bowring, ND offers a wealth of information about manifesting a life filled with good health and abundance in her book *The Healthy Millionaire*™.

The human body can become clogged daily with external and emotional toxins that can cloud one's spirit and balance. Dr. Bowring teaches how naturopathic medicine can lift you to a level of affluence through the process of detoxification.

The Healthy Millionaire™ explains the function of the body's major organs, how to refine your diet, exercise efficiently, and rid your body of toxins and infection with naturopathic remedies and beneficial exercises. The book also explains how to acquire and maintain emotional and spiritual health to be in a place where you can attract wealth into your life.

Dr. Bowring is available to the news media to discuss how:

- To detoxify the major organs of excretion, namely the liver, kidneys, lungs, gastrointestinal tract and skin
- To detoxify the environmental pollutants and heavy metals from our systems
- To use whole foods for weight loss and longevity
- To create wealth with secrets from emotional and spiritual detoxification

Dr. Janine Bowring, ND has been practicing energetic healing and naturopathic medicine since 1998 with a focus on the mind/body connection and disease. She runs and operates a successful alternative medicine clinic in Woodbridge Ontario. Dr. Bowring is the formulator for VitaTree™ Nutritionals, a whole food supplement company distributed across Canada. She is the founder of The Janine Bowring Foundation, a charity that supports children and families in impoverished countries. Proceeds from the sale of the Healthy Millionaire™ will go towards this foundation.

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